

# Physical Education (PE)

## Subject content

This course covers topics such as: anatomy and physiology, skill acquisition, sport and society, biomechanics, sports psychology and technology in sport. A Level PE offers a holistic and in-depth insight into a wide range of important and interesting topics. The knowledge gained will prepare you for three exams you will sit at the end of your second year of study. To support your exams you will complete a coursework element, this consists of a verbal assessment including an assessment on your own ability in a chosen sport. This course is an award of AQA. Read the course specifications here [<https://www.ocr.org.uk/Images/234833-specification-accredited-a-level-gce-physical-education-h555.pdf>]

## Specific entry requirements

GCSE Grade 5 or above in Biology or 55 in Combined Science. GCSE Grade 5 or above in English Language. GCSE Grade 5 or above in PE is also highly beneficial. Additionally, success in A Level PE is reliant on students playing competitively or coaching regularly in sport.

## Assessment

A Level PE breaks down into:

- Component 1: is a 90-mark exam paper that lasts for two hours. This exam is worth 30% of your final grade.
- Component 2: is a 60-mark exam paper that lasts for one hour. This exam is worth 20% of your final grade.
- Component 3: is a 60-mark exam paper that lasts for one hour. This exam is worth 20% of your final grade.
- Component 4: is your verbal assessment/Non-exam assessment. You will have one hour to complete this. This is worth 30% of your final grade.

## Progression opportunities

You will develop the skills, knowledge and understanding to prepare you for sports-related courses in Higher Education. Alternatively, you may wish to progress into employment within the sports industry. Popular careers and sports related university courses include: • Sports Development • Sports Coaching • Physiotherapy • Sports Journalism • Personal Training • Sport and Performance Analysis • PE Teachers

**Last updated:** 4th December 2024

Want to apply?

Visit <https://www.barnsleysixthformcollege.co.uk/apply> to get started  
Call us on **01226 216 123**